## Rada Drapatskaya RDH, L.Ac., M.Ac. Licensed acupuncturist 11750 Stonegate Columbia, MD 21044 301-529-6354 www.radardhacupuncture.com rada@radardhacupuncture.com "CREATING WELLNESS ONE PATIENT AT A TIME"

# **OFFICE POLICIES**

#### **Insurance:**

I now participate with all the major insurances as an out of network provider. If a patient holds a PPO policy, they will be reimbursed 50-80% for the services depending on their plan. Patients will be provided with paperwork as needed, but will need to file it themselves. I require payment at the end of each appointment. A growing number of insurance companies will reimburse for acupuncture treatments. Consult your insurer for the terms of coverage on your policy.

## **Payment methods:**

I accept checks and cash for payment. **Confidentiality:** Patient confidentiality as required by state law is maintained at all times. **Cancellation Policy:** 24-hour notice is required to change or cancel an appointment unless it is an emergency. In case of non-emergency cancellations, patients will be charged \$40 for the first cancellation and the full fee for the following cancellations. Commitment to healing is very important.

## **Lateness Policy:**

Please be respectful of your appointment time to be fair to yourself and other patients. I reserve the entire hour to treat you! I must end on time if a patient is late.

#### **Treatment Suggestions:**

To get the most benefit from treatments avoid caffeinated and alcoholic beverages the day of treatment and for at least 24 hours afterwards. Similarly avoid strenuous exercise before and after treatments.